

# Critical Incident Stress Management

## CISM

Certificate NFQ LEVEL 8  
(10 credits)

### Programme aim

The aim of this programme is to provide learners with an awareness of workplace critical incident stress and to develop key competencies, skills and knowledge in the field of managing and responding appropriately to critical/traumatic incidents across a wide and diverse range of occupational contexts

The programme, which incorporates ICISF Individual and Group Crisis Interventions addresses the important issue of protecting the psychological health and safety of workers in occupational groups likely to be exposed to critical incidents during the course of their work in compliance with national policy.

Our CISM module can be delivered "in house" for organisations that wish to implement a Psychosocial CISM Peer Support system for their staff fulfilling national policy (Work PositiveCI - Health and Safety Authority, State Claims Agency & CISM Network Ireland).

### Programme details

- The History of CISM
- Legal Imperatives on employers
- Psychosocial Risk assessment
- Research Context for variety of occupational groups
- Key CISM Interventions and Core Components

### International Critical Incident Stress Foundation (ICISF) Individual and Group support interventions:

- Psychological crisis and psychological crisis intervention
- Evidence-based practice
- Common psychological and behavioural crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Large group crisis interventions
- Small group crisis interventions
- Critical Incident Stress Debriefing (CISD)

### Assessment

The programme will be assessed through a combination of take home assignments and in-class practical walk-through exercises.

### Certification

The programme is accredited by the Institute of Technology Carlow. In addition, certification will be provided by ICISF on completion of the peer and group intervention exercises.

### Entry level requirements

Applicants prior learning (either formal or informal) may be considered as part of the entry requirements for the programme. A significant knowledge of CISM in the workplace is recommended.

*Candidates who currently hold ICISF accreditation and only wish to attend the academic modules should contact the office for fee details*

### Venue:

Institute of Technology Carlow,  
Kilkenny Road, Carlow.

### Duration:

5 Days

### Dates:

**2nd, 3rd, 4th, 5th and 6th  
December 2019**

**Additional courses will be  
offered in the academic year  
2019/2020**

### Times:

9:30am - 12:30pm  
1:30pm - 5:00pm

### Programme breakdown:

**CISM (academic modules):**

2 days

**ICISF (practical intervention):**

3 days

### Programme fee:

€800

*Extended Campus Office,  
IT Carlow  
Kilkenny Road  
Carlow.*



Apply online

[www.itcarlow.ie/extended-campus-application-form](http://www.itcarlow.ie/extended-campus-application-form)