



Adrian O'Grady

Adrian O'Grady is a Station Officer with Dublin Fire Brigade and Ambulance Service. He has 22 years of experience working as a Firefighter, Paramedic and Officer. He is a qualified Psychotherapist (MIACP), and is the director of the CISM team in Dublin Fire Brigade, providing crisis intervention, individual and group support and counselling to members of the Brigade and the public. He holds an MSc. In Bereavement studies and has trained as a complicated grief therapist with the IHF. He is a tutor in Paramedic Studies, and in Individual and Group Crisis Intervention with ICISF. He is a steering committee member of CISM Network Ireland.